

## Your Guide to Filing a Long Term Disability (LTD) Claim

We recognize how important it is for you to begin receiving the Long Term Disability (LTD) benefits to which you may be entitled. Guardian would like to make this process as easy as possible for you by providing all the forms and information you will need to initiate an LTD claim, so we can thoroughly review your case and make a timely decision.

To ensure this process goes smoothly, it is imperative that you respond to all questions fully and accurately, and send the forms back to us as soon as possible -- you should not wait to file a claim until the elimination period has passed. The elimination period is the period of time between the onset of a disability and the time you are eligible for benefits.

#### How to Complete the Form

Please follow the instructions outlined below:

- Section 1: Claimant Statement This section should be completed in full by you (the claimant).
- Section 2: Employer/Planholder Statement This section should be provided to and completed in full by your company representative.
- Section 3: Attending Physician's Statement You (the claimant) should complete the authorization section. The Attending Physician section should be provided to and completed by the physician who first treated you at the time you stopped working or when you reduced your work hours.
- Section 4: Direct Pay Enrollment and Authorization -- If we determine that benefits are payable, we will
  deposit your benefit payments directly into your checking or savings account. Compared to
  traditional paper checks and postal delivery methods, direct deposit may be more convenient
  and a faster alternative for you. Please review and complete the Direct Pay Enrollment and
  Authorization form included at the end of this package.

Note: Please also attach any additional information or documentation you feel necessary to support your claim.

### How to Submit Your Claim

After all sections of the form have been completed, you will need to submit it along with any supporting information or documentation to the following address:

Guardian Group LTD Claims PO Box 14333 Lexington, KY 40512

# Documents can be returned electronically at <u>www.GuardianAnytime.com</u>. Click on "Secure Channel" on the Guardian Anytime home page.

If you have any questions while completing these forms, please feel free to contact our Customer Response Unit at 1-800-538-4583 for assistance. Once the claim information is received, you and your employer will be notified of receipt via a formal acknowledgement letter.

Thank you in advance for your attention.

**IMPORTANT NOTICE:** If you have **group term life insurance**, you may have the opportunity to convert your group life coverage to an individual life insurance policy upon termination of your life coverage. Please contact your employer/planholder **immediately** upon onset of disability to discuss your options for continuing your life insurance. The timeframe allowed for conversion is limited; please refer to your certificate booklet for details on your conversion rights. If you have any questions regarding conversion, please contact our National Conversion Unit at (800) 433-5982, ext. 5696.

The Guardian Life Insurance Company of America, 7 Hanover Square, New York, NY 10004

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GUARDIAN <sup>*</sup>	The Guardian Life Insurance Company of America

Send to: Group Long Term Disability Claims, P.O. Box 14333, Lexington, KY 40512         For Customer Service: (800) 538-4583       Fax: (610) 807-8221         Documents can be returned electronically at www.GuardianAnytime.com       Click on "Secure Channel" on the Guardian Anytime home page.							
SECTION 1 - CLAIMANT STATEMENT							
To be completed by the Emp	oloyee/Member (Be sure	to answer ALL questions -	- Failure to do	so may dela	ay your claim review)		
INFORMATION ABOUT YOU							
First Name	Middle Initial	Last Name		Social Secu	urity Number		
Address of Residence     City     State     Zip							
Telephone #	Cell # or alternate #	E-mail Address					
Date of Birth (Month, Day, Year) : Your employer:			Single		/idowed ivorced ther legal union		
Fields of Study Military Service:	4 5 6 7 8 9 10 11 12 4 Field of Study: 4 Degree: If yes, how many years of	Diploma: Masters: Yes Masters: Yes Service?	S D No C Certificate or I S No E Rank at dis	GED: Yes icense obtain Doctorate: scharge:	s 🗌 No ned 🗌 Yes 🗌 No ] Yes 🗌 No		
Briefly describe your past work/volunt	eer experience for the last 20 y	years or attach resume. (Begi Duties	n with your mos	t recent job.)	# of years worked		
(a)		Dulles			# Of years worked		
(b)							
(C)							
(d)							
Spouse's First Name	Last N	Name		Date of Birt	h (Month, Day, Year)		
Do you authorize us to speak with sor telephone # below:	neone other than yourself rega	arding your claim? 🗌 Yes 🗌	No If yes, adv	ise of name,	relationship and		
Name		Relationship		Telephone	#		
Do you have any dependent children?  Yes No If yes, name and birth date of each child Yes							
Do you have an appointed Durable Power of Attorney to handle your financial affairs? 🗌 Yes 🗌 No If yes, please attach a copy.							
INFORMATION ABOUT YOUR CLAI	MED DISABILITY						
Please provide the date you were first unable to work your regular work schedule due to your condition:// How many hours did you work that day?							
Since that date, have you done any work? Yes No If yes, indicate dates worked, name of employer, and amount earned							
Before you stopped working, did your condition require you to change your job, or the way you did your job? 🗌 Yes 🗌 No If yes, please explain:							
What job duties are you unable to pe	rform due to your condition and	d why?					

If you have not returned to work, do you expect to?       Yes       No       Unknown       If yes, Part time (date)       //       Full time         (date)       //       Would you be interested in vocational rehabilitation services to assist with your return to work?       Yes       No						
What is or are your disabling condition(s)?						
What were your first symptoms?						
When did you first notice your symptoms? If yes, when?			_ Have you had this	condition before?  Yes  No		
Hobbies previously performed:						
Hobbies you currently perform:						
Dominant hand: Right Left						
Primary language: Other languages:						
			· · · · · · · · · · · · · · · · · · ·			
Date you were first treated by a physician for	the condition for which you a	are claiming disab	oility://			
Name of Physician			Physician's	Telephone #		
Is your condition related to your employment	? Yes No If yes, ple	ease explain:				
Have you filed, or do you intend to file a Worl	kers' Compensation Claim?	🗌 Yes 🔲 No	If yes, attach a copy o	of the award or denial.		
If your disability was caused by an accide	nt, answer the following qu	lestions:				
When, where and how did the accident occur	?					
If a police report was filed, attach a copy of th	ne report. Do you intend to fi	le suit regarding t	his accident? 🔲 Ye	s 🗌 No If yes, provide attorney		
name, address and telephone #:						
INFORMATION ABOUT YOUR CARE AND TREATMENT						
Family Physician Name		Specialty				
Address		City	State	Zip		
Telephone #	Fax #		Dates Seen:	_// to//		
List all other physicians, pharmacy, and h	ospitals you have seen for	your condition	(attach separate she	eet, if needed)		
Physician Name		Specialty				
Address		City	State	Zip		
Telephone #	Fax #		Dates Seen:			
				//to//		
Physician name		Specialty				
Address		City	State	Zip		
Telephone #	Fax #		Dates Seen:			
		T		//to//		
Pharmacy Name     Telephone #     Fax #						
Address City State Zip						
Hospital Name			Dates of Hospitaliz	ation: //to//		
Addross		City				
Address		City	State	Zip		

#### **OTHER INCOME/BENEFITS**

Complete the sections below for any other income/benefits you have received/are receiving, or are eligible to receive during your disability. Please attach a copy of the award letter.

Source of income	Amount(week/month)	Date claim was filed	Date payments began	Date payments ended
Sick pay or salary continuation	\$	N/A		
Earnings from work while disabled	\$	N/A		
State Disability	\$			
Short Term Disability	\$			
Workers' Compensation	\$			
No-Fault Insurance	\$			
Social Security Disability	\$			
Social Security Retirement	\$			
Pension/Disability	\$			
Pension/Retirement	\$			
Unemployment	\$			
Other	\$			

#### INFORMATION ABOUT TAX WITHHOLDING

Federal law requires us to withhold income tax from your check **only if you request us to do so.** We are also required to send a report to your employer at the end of each calendar year showing your name, total amount of benefits paid to you, total amount withheld, if any, and your social security number. If your request for long term disability is approved and your benefit is taxable, please indicate on the line below the whole dollar amount or percentage to be withheld per month. (Minimum of \$20.00)

\$\_\_\_\_\_%

#### FRAUD NOTICE

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statements of claim containing any materially, false information, or conceals for purpose of misleading information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and may also be subject to civil penalties, or denial of insurance benefits.

The laws of New York require the following statement appear: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

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Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

### Fraud Warning Statements

### The laws of several states require the following statements to appear on the claim form:

Alabama: For your protection California law requires the following to appear on this form: The falsity of any statement in the application shall not bar the right to recovery under the policy unless such false statement was made with actual intent to deceive or unless it materially affected either the acceptance of the risk or the hazard assumed by the insurer.

**Arizona:** For your protection Arizona law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

**California:** For your protection California law requires the following to appear on this form: Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

**Colorado:** It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the Department of Regulatory Agencies.

**Connecticut**, **Iowa**, **Nebraska and Oregon**: Any person who knowingly, and with intent to defraud any insurance company or other person, files an application of insurance or statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto, may be guilty of a fraudulent insurance act, which may be a crime, and may also be subject to civil penalties.

**Delaware**, **Indiana and Oklahoma**: WARNING: Any person who knowingly, and with the intent to injure, defraud or deceive any insurer, makes any claim for the proceeds of an insurance policy containing any false, incomplete or misleading information is guilty of a felony.

**District of Columbia:** WARNING: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits, if false information materially related to a claim was provided by the applicant.

Florida: Any person who knowingly and with intent to injure, defraud, or deceive any insurer files a statement of claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree.

Kansas: Any person who knowingly, and with intent to defraud any insurance company or other person, files an application of insurance or statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto, may be guilty of insurance fraud as determined by a court of law.

Kentucky: Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime.

Louisiana and Texas: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit is guilty of a crime and may be subject to fines and confinements in state prison.

New Mexico: Any person who knowingly presents a false or fraudulent claim for payment or a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to civil fines and criminal penalties or denial of insurance benefits.

Maine, Tennessee and Washington: It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purpose of defrauding the company. Penalties may include imprisonment, fines or a denial of insurance benefit.

**Maryland:** Any person who knowingly or willfully presents a false or fraudulent claim for payment of a loss or benefit or knowingly or willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

Minnesota: A person who files a claim with intent to defraud or helps commit a fraud against an insurer is guilty of a crime.

**New Hampshire:** Any person who, with a purpose to injure, defraud or deceive any insurance company, files a statement of claim containing any false, incomplete or misleading information is subject to prosecution and punishment for insurance fraud, as provided in <u>N.H. Rev. Stat. Ann. § 638:20.</u>

New Jersey: Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

**Ohio:** Any person who with intent to defraud or knowing that he/she is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement is guilty of insurance fraud.

**Pennsylvania:** Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

**Rhode Island:** Any person who knowingly and willfully presents a false or fraudulent claim for payment of a loss or benefit or knowingly and willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

**Vermont:** It is a crime for any person knowingly to provide material false, incomplete, or misleading information to an insurance company for the purpose of defrauding the company, for any person knowingly to provide material false, incomplete, or misleading information concerning the sale of insurance or the status of an insurer, or for any person to misappropriate the funds of an insured or an applicant for insurance. Penalties include imprisonment, fines, and denial of insurance benefits.

Virginia: Any person who, with the intent to defraud or knowing that he is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement may have violated state law.

GG-016187

Name of insured ("The Insured")

Policy Number(s)

### Address of Insured

### **Date of Birth**

### Permission to Obtain and Disclose Information

I, the undersigned, AUTHORIZE any physician, medical or mental health professional, medical practitioner, hospital, clinic, healthcare or other medical or medically related facility, healthcare provider, pharmacy, pharmacy benefit manager, therapist, benefit plan administrator, business associate, insurer or reinsurer, consumer reporting agency subject to the Fair Credit Reporting Act, insurance support organization, insurance agent, employer, financial institution, Governmental Agency including The Social Security Administration, The Veteran's Administration or any other organization or person having any knowledge of The Insured or The Insured's health to give The Guardian Life Insurance Company of America ("Guardian") or its employees and agents, or its authorized representatives, or third parties, any information in its possession about The Insured. This information includes, but is not limited to, medical information as to cause, treatment, diagnoses, prognoses, consultations, examinations, tests or prescriptions with respect to The Insured's physical or mental condition or treatment of The Insured. This may include (but is not limited to) HIV infection, any disorder of the immune system, including acquired immune deficiency syndrome (AIDS), mental illness or use of alcohol or drugs. This information also includes non-medical information concerning The Insured, The Insured's occupation, employment history, driving history, earnings or finances or information otherwise needed to determine policy claim benefits that may be due The Insured.

I, the undersigned, UNDERSTAND that this authorization is part of the policy's Proof of Loss requirement and if I revoke or fail to sign this authorization or alter its content in any way, it may affect the handling of The Insured's claim, including the denial of benefits under The Insured's policy. Any information obtained will not be released by Guardian to any person or organization except to: affiliates (including but not limited to Berkshire Life Insurace Company of America); reinsuring companies; other persons (including but not limited to The Insured's attending medical provider), or insurance support organizations performing business or legal services in connection with The Insured's claim or application for insurance, or as may be otherwise lawfully required, or as I may further authorize. Information disclosed pursuant to this authorization is no longer covered by federal privacy rules and may be redisclosed pursuant to this authorization or as otherwise permitted or required by law. In the event that my coverage with Guardian requires me to pursue benefits available from the Social Security Administration, I further authorize Guardian to disclose information contained in my claim file with third parties specializing in social security disability claims.

**I**, the undersigned, UNDERSTAND that I have the right to revoke this authorization in writing at any time by sending a written request for revocation to Guardian at PO Box 14333 Lexington KY 40512. I understand that a revocation is not effective to the extent that Guardian has already relied on this authorization, or to the extent that the company has a legal right to contest a claim under an insurance policy or to contest the policy itself.

**I**, the undersigned, UNDERSTAND some states require that I be informed that: "Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, may be committing a fraudulent insurance act, which is a crime and subject to criminal prosecution, substantial civil penalty and the stated value of the claim for each violation."

**I**, the undersigned, AGREE the information obtained with this authorization may be used by Guardian to determine eligibility for benefits under The Insured's policy. A photocopy of this form is as valid as the original, and I may request one. This form is valid up to 24 months (12 months in Kansas) from the date shown below.

I, the undersigned, AUTHORIZE the Social Security Administration to release information or records about \_\_\_\_\_\_\_\_\_ (The Insured) to Guardian or its authorized representative or third parties. This information is to be released in order to properly adjudicate The Insured's claim or continue The Insured's eligibility for benefits. Please release detailed earnings for up to the last ten years and/or summary record of total earnings and/or information from master benefit records regarding award, denial or continuing benefits. I declare that all answers, statements and information made or given by me, or at my direction, in connection with this claim are and have been complete and true.

### Authorizing Signature \_\_\_\_\_

Date

Relationship or authority, if other than The Insured \_\_\_\_\_

### **GUARDIAN LIFE INSURANCE COMPANY OF AMERICA**

### **Customer Electronic Consent and Disclosure Agreement**

I, \_\_\_\_\_\_, having applied for insurance benefits from Guardian Life Insurance Company of America ("Guardian") have expressed a desire to conduct business electronically with regard to my benefit claim ("Claim") and communications related to the Claim. In order to conduct business electronically, I hereby provide Guardian and its authorized designees and agents with my consent:

- (a) to have the information described in this Customer Electronic Consent and Disclosure Agreement ("Consent") delivered to me electronically;
- (b) To receive via electronic means, through email or otherwise, documents that Guardian is required by law to provide or make available to me in writing relating to the Claim or arising therefrom ("Required Documents") as well as other information and documents [collectively, ("Other Documents")];
- (c) To execute via electronic means Required Documents and Other Documents and to be bound with the same force and effect as if I had affixed my signature on paper by hand when I click "I consent" or otherwise apply my electronic signature to Required Documents or Other Documents; and
- (d) To all of the terms and conditions set forth below in this Consent.

Even though I have provided Guardian with this Consent, I acknowledge and agree that Guardian may, at its option: (a) deliver Required Documents and Other Documents to me on paper, and (b) require that certain communications from me be delivered to Guardian on paper.

Furthermore, I acknowledge that (1) I may expressly request that certain Required Documents or Other Documents be provided on paper at no charge and (2) this Consent shall remain in force as long as the Policy is in effect; or until I withdraw my consent by providing Guardian written notice of my withdrawal at the address stated below, and permitting Guardian at least five (5) business days from receipt within which to process my revocation; whichever occurs first:

> Guardian Life Insurance Company of America Attention: Long Term Disability Claims PO Box 14333 Lexington KY 40512

Documents can be returned electronically at <u>www.GuardianAnytime.com</u>. Click on "Secure Channel" on the Guardian Anytime home page.

#### Software and Hardware Requirements

To access and retain Required Documents and Other Documents from Guardian, you must

- 1. Be able to view the disclosures on your monitor and save files to your computer or send screen prints to your printer, which can be done with your browser.
- 2. Have access to an Internet service using the following browsers:

Web Browser	Operating Systems
Internet Explorer V7 and 8	Windows XP Professional Win7 Vista
Firefox V3	Windows XP Professional WIn7 Vista Mac OS X 10.5 Mac OS X 10.6
Safari V5	Mac OS X 10.5.8 and Mac OS X 10.6
Safari V4.0.5	Mac OS X 10.5.8

3. Be able to receive e-mail that contains hyperlinks to websites in order for Guardian to deliver Required Information to you.

## By my signature below, I have read this Consent and accept it voluntarily with full knowledge and understanding of its terms and conditions and assert that I have the requisite Software and Hardware.

Signature: \_

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GUARDIAN <sup>*</sup>	The Guardian Life Insurance Company of America

Send to: Group Long Term Disability Claims, P.O. Box 14333, Lexington, KY 40512 For Customer Service: (800) 538-4583 Fax: (610) 807-8221 Documents can be returned electronically at <u>www.GuardianAnytime.com</u> . Click on "Secure Channel" on the Guardian Anytime home page.					
SECTION 2 - EMPLOYER/PLAI	NHOLD	ER STATEME	NT		
TO BE COMPLETED BY THE EMPLOYER/PLANHOLDER					
Employee/Member Name (Hereafter referred to as claimant )		Social Security	Number	Date of Birth	
Claimant's Address (Street, City, State, Zip)					
INFORMATION ABOUT THE EMPLOYER / PLANHOLDER					
Company's Name			Group Poli	cy Number	
Address (Street, City, State, Zip)			Telephone	Number	
Name and address of division where claimant works (if different from above)	5-digit	claim branch co	de Fax Numbe	er	
INFORMATION ABOUT THE CLAIMANT					
Date claimant was hired Date claimant became insured under this plan	Insura	nce class:	Schedule at time	e last worked:	
///				ay days per week	
Was the claimant insured under your prior LTD policy? Yes No If Y	Yes, plea	ase provide Na	ame of prior carri	ier:	
the effective and termination dates of coverage://Through	/	/			
Has the claimant been terminated?	/	/ Re	eason:		
Would you be willing to rehire this person? Yes No Reason:					
Was the claimant on non-discriminatory family leave when disability began? [Date leave of absence started under Family Leave Act/ Did LTD insurance continue while on family leave? Defined Yes No	Yes	□ No			
INFORMATION NEEDED FOR WITHHOLDING AND REPORTING TAXES					
Contributions to the cost of this insurance:        % paid by employer      Check here if claimant elected a bonus back        % paid by claimant      Pre-Tax       Post-Tax         Is the LTD benefit exempt from FICA SS?      Yes       No       Is the	-	p arrangement (l enefit exempt fro	-		
INFORMATION ABOUT THE CLAIM		•			
What was the claimant's regular job?	How lo	ong had the claim	ant been perforr	ning his/her regular job?	
Was the claimant performing his regular job on his or her last day at work?	Yes 🗌	No If No, Ple	ease explain		
Last day claimant worked On that day, did the claimant work					
//     ☐ Yes     ☐ No. If No, how many       Reason for leaving work:     Date clair	-	were worked? expected/did retu	rn to work	_	
Indismissed     I leave of absence     I disability       Image: Indismissed     I leave of absence     I disability       Image: Indismissed     I leave of absence     I disability	/_	Full tin Part ti	me? 🗌 Yes [	□ No □ No	
Is the claimant's condition work related?       Has a Workers' Compensation claim or similar claim been filed?         □ Yes       No         If Yes, send initial report of illness or injury and award notice.					
Name, address and phone number of that benefit provider					
INFORMATION ABOUT YOUR PENSION PLAN (Do not complete for maternity claim.)					
Do you have a pension plan?       If Yes, what type?       □ Define         □ Yes       No       □ Define       □ Define			1 K [ ofit Sharing	Other (specify)	
Is the claimant eligible for your pension plan? Yes No If eligible, does the claimant participate? Yes No If No, why?					
If the claimant is participating, when is he or she eligible for benefits under the plan?// Is there a Disability Retirement option available to this claimant?					
INFORMATION ABOUT YOUR JOB ACCOMMODATION OR RETURN-TO-WORK POLICIES					
Does your company have a job-holding policy?			or job accommo	dation opportunities?	

INFORMATION ABOUT	THE CLAIMANT'S SALA	RY				
Average earnings excluding compensation as of the m					earnings	
\$	Week Month [	Year	☐ by partnership [ ☐ salary & bonus* [			commissions"
Date of last salary increas	se//		*Please provide aver your plan's most rece	age of bonus and con ent redetermination da	nmissions for 24 n ate	nonths preceding
Is this claimant eligible for	r salary continuation? , what is the weekly amou	nt? \$	When did benefits beg	gin?///////	_ End?/	_/
Has the claimant filed for	Short Term Disability or S	tate Disability bene	fits?			
Yes No If Yes	, what is the weekly amou	nt? \$	When did benefits beg	gin?//	_ End?/	_/
List any other sources of i	income to which the claim	ant is entitled as a r	esult of this disability:			
	at relate to the claimant's	job and complete th t perform this activit	• Occasio • Continu	d. Use these definitio <b>nally</b> – 15 minutes u <b>ously</b> – 5 ½ hours ar uency of Occurrence	p to 2 ½ hours nd beyond	cy of
Activity		N/A	Occasionally	Frequer	ntly	Continuously
		H				
Sitting Balancing						
Bending						
Kneeling Crouching						
Reaching Working overhead						
Keyboard Use/Repet	itive Hand Motion	H				
Climbing						
_ 0				L.	auonov	
Activity				Fre	equency	Weight
Activity				Fre	equency	lbs. lbs.
Activity				Fre	equency	Ibs.
Activity Pushing Pulling Lifting	☐ Moderate ☐ High by alternating sitting and	 □Very high standing? □ Ye	s 🗌 No	Fre		Ibs. Ibs. Ibs. Ibs.
Activity Pushing Pulling Lifting Carrying Stress level Low Can the job be performed	Moderate High by alternating sitting and for repetitive action such	 □Very high standing? □ Ye				lbs. lbs. lbs.
Activity Pushing Pulling Lifting Carrying Stress level Low Can the job be performed	Moderate High by alternating sitting and for repetitive action such S	□Very high standing? □ Ye as: imple grasping irm grasping	s 🗌 No Right 🗌 Yes 🗋 Yes	□ No □ No	Le 	Ibs. Ibs. Ibs. Ibs. Ibs.
Activity Pushing Pulling Lifting Carrying Stress level Low Can the job be performed	Moderate High by alternating sitting and for repetitive action such S Fi	□Very high standing? □ Ye as: imple grasping irm grasping ine manipulation	s 🗌 No Right 🗌 Yes			Ibs. Ibs. Ibs. Ibs.
Activity Pushing Pulling Lifting Carrying Stress level Low Can the job be performed Claimant must use hands Use feet for repetitive mor Right Yes No	Moderate High by alternating sitting and for repetitive action such Fi Fi vements as in operating fo Left Yes I	□Very high standing? □ Ye as: imple grasping irm grasping ine manipulation pot controls:	s 🗌 No Right 🗌 Yes 🗋 Yes	□ No □ No	Le 	Ibs. Ibs. Ibs. Ibs. Ibs.
Activity Pushing Pulling Lifting Carrying Stress level Low Can the job be performed Claimant must use hands Use feet for repetitive more	Moderate High by alternating sitting and for repetitive action such Fi Fi vements as in operating fo Left Yes I	□Very high standing? □ Ye as: imple grasping irm grasping ine manipulation pot controls:	s 🗌 No Right 🗌 Yes 🗌 Yes 🗌 Yes 🗌 Yes	□ No □ No	Le 	Ibs. Ibs. Ibs. Ibs. Ibs.
Activity Pushing Pulling Lifting Carrying Stress level Low Can the job be performed Claimant must use hands Use feet for repetitive mor Right Yes No REQUIRED ATTACHME Please attach a copy of If salary is based on a W If you have medical info If a work related claim is Fraud Notice Any person who knowingl containing any materially, fraudulent insurance act, The laws of New York re other person files an appl misleading, information co	Moderate High by alternating sitting and for repetitive action such S Fi Vements as in operating for Left Yes 1 NTS AND SIGNATURE the claimant's job descr I-2, K-1, 1099 or a simila rmation from the claima s filed, send a copy of th y and with intent to defrau false information, or conc which is a crime, and may equire the following state ication for insurance or sta oncerning any fact materia	□Very high standing? □ Ye as: imple grasping irm grasping ine manipulation oot controls: No Both iption. r document, attacl nt's file relating to e initial report of in d any insurance co eals for purpose of also be subject to ement appear: Any atement of claim co al thereto, commits	s No Right Yes Yes Yes Yes Yes Yes Yes Right Yes Right Right Yes Right R		Le ☐ Yes ☐ Yes	tements of claim atements of claim commits a hcce company or urpose of
Activity Pushing Pulling Lifting Carrying Stress level Low Can the job be performed Claimant must use hands Use feet for repetitive mor Right Yes No REQUIRED ATTACHME Please attach a copy of If salary is based on a W If you have medical info If a work related claim is Fraud Notice Any person who knowing containing any materially, fraudulent insurance act, The laws of New York re other person files an appl	Moderate High by alternating sitting and for repetitive action such S Fi Vements as in operating for Left Yes 1 NTS AND SIGNATURE the claimant's job descr I-2, K-1, 1099 or a simila rmation from the claima s filed, send a copy of th y and with intent to defrau false information, or conc which is a crime, and may equire the following state ication for insurance or sta oncerning any fact materia	□Very high standing? □ Ye as: imple grasping irm grasping ine manipulation oot controls: No Both iption. r document, attacl nt's file relating to e initial report of in d any insurance co eals for purpose of also be subject to ement appear: Any atement of claim co al thereto, commits	s No Right Yes Yes Yes Yes Yes Yes Yes Right Yes Right Right Yes Right R		Le ☐ Yes ☐ Yes	tements of claim atements of claim commits a hcce company or urpose of
Activity Pushing Pulling Carrying Stress level Low Can the job be performed Claimant must use hands Use feet for repetitive mor Right Yes No REQUIRED ATTACHMEN Please attach a copy of If salary is based on a W If you have medical info If a work related claim is Fraud Notice Any person who knowing containing any materially, fraudulent insurance act, The laws of New York re other person files an appl misleading, information co penalty not to exceed five	Moderate High by alternating sitting and for repetitive action such S Fi Vements as in operating for Left Yes 1 NTS AND SIGNATURE the claimant's job descr I-2, K-1, 1099 or a simila rmation from the claima s filed, send a copy of th y and with intent to defrau false information, or conc which is a crime, and may equire the following state ication for insurance or sta oncerning any fact materia	□Very high standing? □ Ye as: imple grasping irm grasping ine manipulation oot controls: No Both iption. r document, attacl nt's file relating to e initial report of in d any insurance co eals for purpose of also be subject to ement appear: Any atement of claim co al thereto, commits	s No Right Yes Yes Yes Yes Yes Yes Yes Right Yes Right Right Yes Right R		Le ☐ Yes ☐ Yes	tements of claim No No No

### Fraud Warning Statements

### The laws of several states require the following statements to appear on the claim form:

Alabama: For your protection California law requires the following to appear on this form: The falsity of any statement in the application shall not bar the right to recovery under the policy unless such false statement was made with actual intent to deceive or unless it materially affected either the acceptance of the risk or the hazard assumed by the insurer.

**Arizona:** For your protection Arizona law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

**California:** For your protection California law requires the following to appear on this form: Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

**Colorado:** It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the Department of Regulatory Agencies.

**Connecticut, Iowa, Nebraska and Oregon:** Any person who knowingly, and with intent to defraud any insurance company or other person, files an application of insurance or statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto, may be guilty of a fraudulent insurance act, which may be a crime, and may also be subject to civil penalties.

**Delaware, Indiana and Oklahoma:** WARNING: Any person who knowingly, and with the intent to injure, defraud or deceive any insurer, makes any claim for the proceeds of an insurance policy containing any false, incomplete or misleading information is guilty of a felony.

**District of Columbia:** WARNING: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits, if false information materially related to a claim was provided by the applicant.

Florida: Any person who knowingly and with intent to injure, defraud, or deceive any insurer files a statement of claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree.

Kansas: Any person who knowingly, and with intent to defraud any insurance company or other person, files an application of insurance or statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto, may be guilty of insurance fraud as determined by a court of law.

**Kentucky:** Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime.

Louisiana and Texas: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit is guilty of a crime and may be subject to fines and confinements in state prison.

New Mexico: Any person who knowingly presents a false or fraudulent claim for payment or a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to civil fines and criminal penalties or denial of insurance benefits.

Maine, Tennessee and Washington: It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purpose of defrauding the company. Penalties may include imprisonment, fines or a denial of insurance benefit.

**Maryland:** Any person who knowingly or willfully presents a false or fraudulent claim for payment of a loss or benefit or knowingly or willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

Minnesota: A person who files a claim with intent to defraud or helps commit a fraud against an insurer is guilty of a crime.

**New Hampshire:** Any person who, with a purpose to injure, defraud or deceive any insurance company, files a statement of claim containing any false, incomplete or misleading information is subject to prosecution and punishment for insurance fraud, as provided in <u>N.H. Rev. Stat. Ann. §</u> 638:20.

**New Jersey:** Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

**Ohio:** Any person who with intent to defraud or knowing that he/she is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement is guilty of insurance fraud.

**Pennsylvania:** Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

**Rhode Island:** Any person who knowingly and willfully presents a false or fraudulent claim for payment of a loss or benefit or knowingly and willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

**Vermont:** It is a crime for any person knowingly to provide material false, incomplete, or misleading information to an insurance company for the purpose of defrauding the company, for any person knowingly to provide material false, incomplete, or misleading information concerning the sale of insurance or the status of an insurer, or for any person to misappropriate the funds of an insured or an applicant for insurance. Penalties include imprisonment, fines, and denial of insurance benefits.

Virginia: Any person who, with the intent to defraud or knowing that he is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement may have violated state law.

GG-016187



The Guardian Life Insurance Company of America

Send to: Group Long Term Disability Claims, P.O. Box 14333 For Customer Service: (800) 538-4583 Fax: (610) 807-6 Documents can be returned electronically at www.GuardianA	8221	e Channel" on the Gua	rdian Anytime home page.		
	NDING PHYSICIAN'S STAT				
<b>PATIENT AUTHORIZATION</b> (This part to be completed by the claimant: The patient is responsible for the cost of completing this form)					
Name of Patient	· · · ·	Date of Bir			
Address of Patient	City	State	Zip		
Employer/Planholder Name		Group Policy #			
I, the undersigned "patient", AUTHORIZE any physician, medic other medical or medically related facility, healthcare provider, pha associate, insurer or reinsurer, consumer reporting agency subjec employer, financial institution, Governmental Agency including organization or person having any knowledge of me or my heal employees and agents, or its authorized representatives or third p is not limited to, medical information as to cause, treatment, diagner my physical or mental condition or treatment of me. This may inclu acquired immune deficiency syndrome (AIDS), mental illness or concerning me, my occupation, employment history, driving histor benefits that may be due me. I agree that a photocopy of this forr in Kansas) from the date shown below.	armacy, pharmacy benefit mana t to the Fair Credit Reporting Ac The Social Security Administr th to give The Guardian Life In parties, any information in its po oses, prognoses, consultations, ide (but is not limited to) HIV infe use of alcohol or drugs. This ry, earnings or finances or inforr	ager, therapist, benefit p t, insurance support org ation, The Veteran's Å isurance Company of Å issession about me. Th examinations, tests or p ction, any disorder of the information also includer mation otherwise needer	lan administrator, business anization, insurance agent, dministration or any other vmerica ("Guardian"), or its is information includes, but prescriptions with respect to e immune system, including es non-medical information d to determine policy claim		
Signed (Patient)		Date			
THIS PART TO BE COMPLETED BY THE ATTENDING F	PHYSICIAN				
THIS PART TO BE COMPLETED BY THE ATTENDING PHYSIC         Patient's condition is the result of:       Illness       Injury       P         Is the condition due to a work related illness or injury?       Yes         If pregnancy, indicate LMP date:       //       Deliv         Type of delivery:       Vaginal       C-Section       Single Birth	Pregnancy □ No very Date: / /		] Actual		
DIAGNOSIS					
Primary diagnosis:		ICD-10 Code:			
Secondary diagnosis(es):		ICD-10 Code:			
Subjective symptoms:					
Physical examination findings: Test results (list all results, or enclose test): Test:	Date: Re	esults:			
Test:	Date: Re	esults:			
TREATMENT					
Date of onset of this condition://	Date you first treated this patie	ent for this condition:	//		
Date of most recent visit: / /	Date of next office visit:	_//			
Frequency of visits/treatment for this condition:  Weekly	Monthly				
Was patient referred to you by another physician? Yes No If yes, provide name, address, phone # and fax #:					
Have you referred this patient to any other physician?	No If yes, Date(s):	//	//		
Physician Name		Specialty			
Address (Street, City, State, Zip)		Phone #			
Describe treatment plan (Include medication, therapy, counseling,	rehab, etc.):				
Has surgery been performed?  Yes No If yes, Date: Was patient hospitalized for this condition?  Yes No If yes,			Code:    /       ed:    /      /     /		
Name of Hospital					
Address	City	State	Zip		
Progress (please check one): Recovered Improved Patient is (please check one): Ambulatory Bed confined Nursing Home/Assisting Living	House confined Ho	etrogressed ospital confined her			

LEVEL OF FUNCTIONAL IMPAIRMENT			
Did you advise the patient to       a) reduce work hours?       ☐ Yes ☐ No         b) cease work?       ☐ Yes ☐ No         c) work light duty?       ☐ Yes ☐ No	If yes, as of what dat If yes, as of what dat If yes, as of what dat	te?/	/
Degree of Physical Impairment: In an 8-hour work day, your patient can:			
Lift/carry (in pounds)         11-10         11-20         21-50         51-75           Push/pull (in pounds)         11-10         11-20         21-50         51-75	☐ 76+ ☐ 76+		
Total hours with positional changesSit87654321(hrs)Stand87654321(hrs)Walk87654321(hrs)Alternately sit/stand87654321(hrs)			
Bend/stoop:       Never       Occasionally       Frequently         Reach:       Never       Occasionally       Frequently         Drive:       Never       Occasionally       Frequently         Dominant Hand:       Right       Left       Left			
Other restrictions:			
Duration of restrictions:			
Degree of Psychiatric Impairment if applicable (check one):			
<ul> <li>Inadequate information to make assessment</li> <li>Essentially good functioning in all areas. Occupationally and socially effect</li> <li>Slight difficulty in occupational functioning, but generally functioning well. H</li> <li>Moderate impairment in occupational functioning. Limited in performing so</li> <li>Major impairment in several areas—work, family relations. Avoidant behav</li> <li>Inability to function in almost all areas.</li> </ul>	Has some meaningful me occupational dutie	es.	
Current GAF (Global Assessment of Functioning):/90 Highest GAF in particular			
Do you believe that this patient is competent to endorse checks and direct the	use of the proceeds?	☐ Yes [	No
Degree of Cardiac Functional Impairment (check one):			
Please supply patient's height: weight blood pre	ssure /	; EF	% date
Return to Work Expectation In your opinion, does the patient have some capacity for work: Yes No			
If yes, as of what date:// Full-time/		me	
If no, when do you anticipate the patient will have capacity for work?/			t-time 🗌 Never
PLEASE ATTACH PERTINENT MEDICAL RECORDS INCLUDING, BUT NOT DISCHARGE SUMMARIES, OPERATIVE REPORTS, CONSULTATION REPORTED THE CLAIM PROCESSING AND REDUCE ADDITIONA	ORTS AND MENTAL	STATUS EX	(AM (IF APPLICABLE). THIS WILL
Physician's Name	Degree		Specialty
Address	City	Stat	e Zip
Telephone #   Fax #		Tax ID #	
Remarks:	·		
FRAUD NOTICE			
Any person who knowingly and with intent to defraud any insurance company claim containing any materially, false information, or conceals for purpose of mi fraudulent insurance act, which is a crime, and may also be subject to civil pen	sleading information of	concerning a	iny fact material thereto, commits a
The laws of New York require the following statement appear: Any person other person files an application for insurance or statement of claim containin misleading, information concerning any fact material thereto, commits a fraudul penalty not to exceed five thousand dollars and the stated value of the claim for	ng any materially fals ent insurance act, whi	se informatio	on, or conceals for the purpose of
x Signature of Physician (no stamp)		Date	//

### Fraud Warning Statements

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GG-016187



Group LTD Claims P.O. Box 14333 Lexington, KY 40512

#### **Direct Pay Enrollment and Authorization**

Guardian will directly deposit your Long Term Disability (LTD) benefit payments to your checking or savings account, with the information you provide below. Once your claim is approved, deposits will be made in your account approximately 3-5 days prior to your approved pay through date.

#### 1. Claim Information:

Claimant name\*:

Date of birth\*:

#### 2. Provide the following bank information\*: 101 Name on Bank Account Account Type: Street Address City, State, Zip Checking Account (include a blank personal check marked "void" or a letter from your ay to the ord financial institution with the routing and account numbers) See the check diagram to the right to identify the bank routing number and your account number or Menty 00000678940 55 783\* 0101 Savings Account (include a copy of a bank deposit slip with account number & routing Account Do not include the check Nine-digit number or a letter from your bank with this required information) sequence number **Routing Number** Number Bank Name: Bank Routing Number (ABA#): \_\_\_ Bank Account Number: \*Required Information

#### 3. Sign and date this authorization:

I authorize Guardian Life Insurance Company of America ("Company") to deposit any benefits I am eligible to receive directly into the account and bank I have indicated above or to such other account as the bank or any successor bank designates as my account. I also authorize the Company to debit my account for any deposits made in error. I also understand that the direct deposit service will stay in effect until I notify the Company in writing of cancellation or until I am no longer eligible for or due payments, whichever comes first. I understand that I have the opportunity to view my EOBs and payment history on GuardianAnytime.com.

Date

Date

Check this box to discontinue receiving paper EOBs.

**Claimant Signature** 

### 4. Joint Account Holder Agreement (Please check here if you are the sole account holder)

I understand and agree that any funds deposited after the date of death of the Claimant that are not otherwise payable under the plan are to be immediately returned to Guardian Life Insurance Company of America.

Joint Account Holder Signature

### 5. Return this completed form along with your completed claim form to:

Guardian Life Insurance Company of America Group LTD Claims P.O. Box 14333 Lexington, KY 40512

Documents can be returned electronically at <u>www.GuardianAnytime.com</u>. Click on "Secure Channel" on the Guardian Anytime home page.