

## EAP BENEFIT

# Childcare & Parenting Resources



### Examples of the concerns we can help with:

- Back-Up Care
- Family Day Care
- Resources for kids from birth to 16 years
- Self-Care
- Summer Camp
- Center Care
- In-Home Care
- Preschool
- School-Age Issues

### Examples of ways we can help:

- Verified referrals to daycare providers with confirmed vacancies
- Urgent situations: Within 6 hours
- Non-urgent situations: Within 12 hours
- When you need to locate a summer camp
- When you need help with planning for college



## your childcare & parenting benefit includes

Unlimited calls and instant messaging for parenting resources or information

**1-866-607-4535**

**WELLSPRINGEAP.ORG**

USERNAME: BHT

## RESEARCH, RESOURCE & REFERRAL ASSISTANCE

Our child care consultants can offer resources surrounding mildly ill, emergency back-up care; back-up care as a result of school closings from inclement weather to teacher workdays; day, religious, sports, or residential summer camps; summer volunteer opportunities for teens; play groups for mothers and their infant/toddler; preschools; Montessori schools; resources on prenatal care from books to a lactation program. Consultants can also search for a variety of resources for children with special needs, such as respite care, in-home caregivers, financial guidance, testing and assessment resources, education programs, schools for exceptional children, and residential programs.

## WEBSITE ACCESS

Your online Parenting resources include information for parents of all different experience levels with kids of all different ages, including advice for everything from raising your child's self-esteem to keeping backseat chaos to a minimum. It also includes *Adoption* information and resources to help with understanding the process and needs. The *Child Care* section will help parents consider their options and choose the one that best suits their family. Information on *Developmental Stages* provides insight into the maturation process from infancy through young adulthood. The *Education* section covers early development through adult education and even offers some non-college educational options for young adults. *Kid's Well-Being* has tips for keeping kids safe and sound from infancy through young adulthood with an emphasis on health, safety, and a positive interaction with the world around them. The website also offers a self-search locator for child care, camps and schools, access to Live Connect where you can chat online with a consultant, and also access to send in a referral request—through an online form—to receive a call back within the next business day.